



Biking trails around the Lecrin Valley Option 1

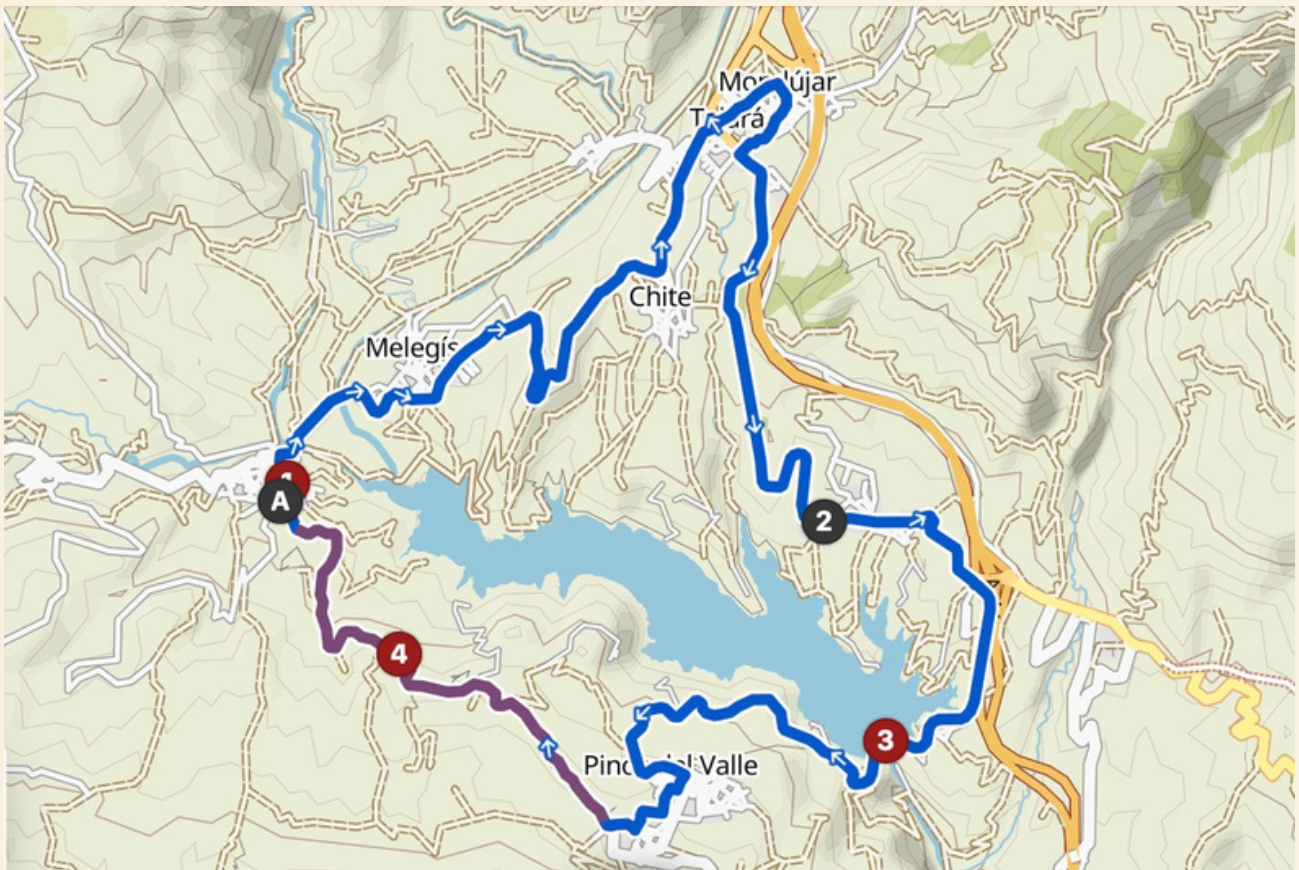
Circular route around the Béznar dam to the town of Restábal

INFORMATION:

- Time: 1 hour & 29 minutes
- Distance: 12 miles
- Highest altitude: 1700 feet
- Lowest altitude: 1675 feet

NOTES:

- Expert bike ride
- Very good fitness required
- Mostly paved surfaces
- Suitable for all skill levels.





Biking trails around the Lecrin Valley Option 2

CIRCULAR ROUTE AROUND LECRIN VALLEY TO/ FROM ALBUNUELAS

INFORMATION:

- Time: 3 hours & 50 minutes
- Distance: 30.5 miles
- Highest altitude: 3100 feet
- Lowest altitude: 1675 feet

NOTES:

- Expert bike ride
- Very good fitness required
- Mostly paved surfaces
- Suitable for all skill levels.





Biking trails around the Lecrin Valley Option 3

LAGOON OF PADUL & COZVIJAR TO ALBUNUELAS

INFORMATION:

- Time: 2 hours
- Distance: 12 miles
- Highest altitude: 3100 feet
- Lowest altitude: 475 feet

NOTES:

- Expert bike ride
- Very good fitness required
- Mostly paved surfaces
- Suitable for all skill levels.

